Advance Copy

Dr. Interested

Impact Report

A year of youth led change & impact.

2026



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*"Opportunities like **MedExplore** aren't something I get to experience every day. I came looking for something meaningful to do beyond another day behind a screen. I left having spoken to my elected officials for the first time, discovered careers I never knew how to access, and connected with a speaker who has since become a mentor. Receiving a free ticket to such a supportive environment with great learning materials and social opportunities made me feel that I now have a place where I belong."*

Racialized and low income student living in Canada, age 16 to 18

Development and Peace – CARITAS CANADA
Development and Peace
Member

IMAGINE CANADA – MEMBER | MEMBRE
Imagine Canada
Member

Listed CSO with the UN Department of Economic and Social Affairs

HOPECANTWAIT.CA
Hope Can't Wait
Campaign supporter

National Canadian Youth Council – Member | Membre
National Canadian Youth Council (NCYC)
Member

Our sister organization, Future Interested, is a fiscally sponsored 501(c)(3).

About Us



Who are we?

Dr. Interested is a youth led global community. We help young people explore careers in wellness, take part in the policy decisions that shape their lives, and find a safe and open space to belong. We are guided by the UN Convention on the Rights of the Child (UN CRC), including the right to development (**Article 6**) and the right to be consulted and heard in decision making (**Article 12**). Our work also speaks to the Sustainable Development Goals (SDGs): SDG 4 on quality education, SDG 3 on good health and wellbeing, and SDG 10 on reduced inequalities. With 2030 fast approaching, this work matters more than ever.

In Canada alone, **there are over 4 million youth aged 10 to 19. Yet nearly half are unaware of their rights.** Knowing your rights is only the start. Young people also need guidance, mentorship, and spaces to grow, learn, and be heard as future leaders in wellness and beyond.

2030 fast approaching

- **4** SDG 4 Quality Education
- **3** SDG 3 Good Health and Wellbeing
- **10** SDG 10 Reduced Inequalities

Our three pillars

1

Career Development

We began with medicine, and we have grown well beyond it. Today we introduce youth to wellness as a whole, including health, law, finance, and any career that improves human wellbeing and quality of life. Through workshops, panels, mentorship, research and publishing opportunities, and skill building sessions, we give students early and honest exposure to these careers and the confidence to take the next step, no matter their background or prior access.

2

Youth in Policy

Decisions about education, health, and the digital world are made every day, and young people are rarely in the room. Through our partnership with GLOCAL Canada and travel, micro, and technology grants, we help youth reach the places where conversations are happening, from conferences to online events. We also give them the preparation and platforms to share their opinions, interact with decision makers, and contribute their ideas to policy.

3

Community

In a digital world that is not always safe for young people, we work to be a safe online space for youth. We run most of our work online so that anyone, anywhere, can take part. Whenever we host in person events, we aim to be a welcoming third space in the community, a place beyond home and school where youth belong and build lasting connections.

About Us



Leadership Development

Students take on executive and team based roles across departments such as events, finance, human resources, marketing, publications, and technology, gaining real responsibility and impact. Our leadership model emphasizes growth, accountability, and purpose, so students leave with the confidence and skills to lead change in their schools, communities, and future careers.

Mission

To equip every young person with the soft skills and support they need to explore careers in wellness, contribute to policy, and grow within a safe community.

Vision

A world where every young person, regardless of background, is heard, supported, and ready to shape their future and the policies that affect it.

Purpose

To close the gap between interest and action by offering youth accessible career education, a voice in policy spaces, and a safe community to belong to.

Executive Director's Message

Dr. Interested started as an idea when I was just 13 years old. Growing up with a hearing disability, I faced challenges that taught me how important it is to be heard. I also saw how little career guidance was available to young people, and I realized my friends felt the same way. That is what Dr. Interested is about: making sure every youth is heard and has an equal opportunity to access education, with career education as a big part of that. Without access to career education, young people can lose motivation. Our way of empowerment is to give them that access, and to make sure they can go out, contribute to policy, and share their opinions.

I want to thank everyone who believed in this vision and helped bring it to life. This year, your support helped us impact **229,000+ YOUNG PEOPLE**

As we look toward 2027, our biggest focus will be diversification and expansion of our capabilities. The demand for our work is high. So many youth are interested, and at times we have not been able to keep up. We have already taken major steps by building a stronger back end system and diversifying our leadership team, and we will keep going as we explore more community level work around the world, beyond our international and Greater Toronto Area communities.

This is only the beginning.



Adil Mukhi
Executive Director & Founder, Dr. Interested
Managing Director & Founder, Future Interested

Statements



Legal Status

Dr. Interested is a Canadian youth led 'project' listed as a civil society organization with the UN ECOSOC.
Our nonprofit work officially runs through Future Interested, a fiscally sponsored US '501(c)(3) public charity'.

Safeguarding, Privacy and Policies

We are committed to the safety of every young person in our community. Our Safeguarding Policy sets out how we protect youth online and in person, and concerns can be reported to hr@drinterested.org. We do not knowingly engage with youth under 13. Photos and video of participants under 18 are used only with signed parent or guardian consent. We collect only the data we need, use demographic data only in aggregate or anonymously, and will delete your data if you ask (admin@drinterested.org). All of our policies are written to be as child friendly as possible.

Read them on our website:

- Terms and Conditions
- Privacy Policy
- AI Policy
- Safeguarding Policy
- Volunteer Agreement
- Media Consent

Land Acknowledgement

We acknowledge that our work takes place on the traditional, ancestral, and unceded territories of Indigenous Peoples, and we honour the enduring presence of First Nations, Métis, and Inuit communities. For us this is a commitment, not a formality; we encourage our community to learn Indigenous histories and to support Indigenous led initiatives.

Statement of Support

Opportunities in education, research, and leadership are not equally accessible, especially for youth from marginalized, low income, or racialized communities. We are committed to anti racism, equity, and mental wellness, and to spaces where every young person, regardless of background, ability, gender identity, orientation, or geography, can participate and be heard. Our programs are free to access, and we keep listening and improving.

Funding and Conflict Acknowledgement

Our nonprofit funding flows through Future Interested, which is a fiscally sponsored 501(c)(3). We have received funding from for profit entities, and we maintain full independence and declare no conflicts of interest. Some team members are affiliated with institutions or funders, and we work to avoid conflicts and stay transparent.

Dedication to Green Operations

Dr. Interested is committed to minimizing our environmental impact and working toward carbon neutrality. Because most of our work happens online, we aim to keep our footprint small, and we will keep finding ways to reduce it as we grow.

Our Team



Our executives are located in 16 countries

328 Active executives

6800 Volunteer hours in 2026. With **600** Volunteers.



Adil Mukhi
Executive Director & Founder



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Mehreen Muzafar
Person of Trust

Ryan Rawal
Organization Spokesperson

Medical Student Advisory Committee

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Our Team



Previous Members

Thank you to everyone who helped build Dr. Interested, listed here for their contributions in 2026.

To see the previous members from 2025, please visit the 2025 Annual Impact Report: https://impact.drinterested.org/2025/annual

General Executives

Ali Salman, Director, Events
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Prithi Balaji, Coordinator, Events
Fadumo, Coordinator, Events
Meerab Murtaza, Coordinator, Events
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Vivaan Baru
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Rokheya Doucoure
Makel Doughty
Precious Ifelouwa Emeruwa
Shubhavi Ganu
Rahwa Gidey
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Julita Alisya Binti Hirman
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Hathika Imran
Rachel John
Payton Johnson
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Mhithas Kauf
Sarah Khadjiah
Dina Khan
Zoya Khurram
Vishal Venkat Krishnan
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Kenny Lu
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Anaira Phadke
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Chetna Prabhu

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Narmin Chowdhury
Sarra Da
Dwarka
Saida Jonuzaj
Virat Pandey
Tanisha Singh
Edha Talwar
Faliha Tariq
Evan Wright
Madison Wu

All Time Executives, 2025 and 2026: 414 Unique Executives in Both Years

2025: 367 executives **2026:** 328 executives **Both 2025 and 2026:** 281 executives

Our Team



Recognized for the Work



Ontario Volunteer Service Award

Awarded to Dr. Interested Members on *May 19, 2026. Pictured left to right: Velan Mangai Sivakumar, Deputy ED, Hon. Nina Tangri, Associate Minister of Small Business; Adil Mukhi, Executive Director, Kishan Suhirthan, Deputy ED*



Mississauga Civic Award

Awarded to Dr. Interested Members for community service, *City of Mississauga Civic Award, July 12, 2026.*



MEMBERS OF THE MONTH



What You Gain as a Dr. Interested Executive

You do not need a healthcare background. We are recruiting across nearly every field right now, including **Finance, Tech, Coding, Design, Outreach, Events, and Education**. If you like building things that matter, there is a seat for you. This is not busywork. You will join a **global team** that moves fast, leads **real projects**, and creates impact you can point to proudly.

International experience
Work with an **international organization** that strengthens your **résumé**.

Letters of recommendation
Receive letters of recommendation from **medical students and leaders**.

Access to international conferences
Merit based tickets to represent us at conferences, including **United Nations** affiliated conferences and events we have access to.

Policy & Global Research
Serve as an editor on our **policy submissions** to the **United Nations**, governments and associations worldwide, no matter which department you are in. You will see an example later in this report.

Verified volunteer hours
Every hour you contribute is **tracked and verified**.

Real skill growth
Build leadership, collaboration and execution skills on **real projects**.

Extra Opportunities Worldwide: Under 30

We are proud to partner with the **GLOCAL Foundation of Canada** and the **Student Innovation Lab** to support our volunteers and events. Together, they offer our volunteers **global youth opportunities**.

Student Innovation Lab

GLOCAL FOUNDATION OF CANADA

- Apply for **microgrants or travel grants** to grow your ideas and showcase your work.
- Access **100+ virtual workshops** and in person events every year with civic leaders and mentors across Canada.
- After **120 service hours**, earn a **National Service Recognition Certificate** signed by the **Honourable Patty Hajdu**, Minister of Jobs and Families
- The **Student Innovation Lab** also gives our executives access to its programming, including **wellness programming**.

Join Us as an Executive

Apply as a General Executive, General Volunteer, Ambassador, or Podcast Member. All applications go through one link.

https://www.drinterested.org/members/join

Sponsor or Fund Our Executives

Support our executives and the events they lead as a sponsor or funder. Reach out to our finance team at finance@drinterested.org.

Transparency & Compliance:
For more info on donation receipts and charitable status, see section 8.

Team Overview

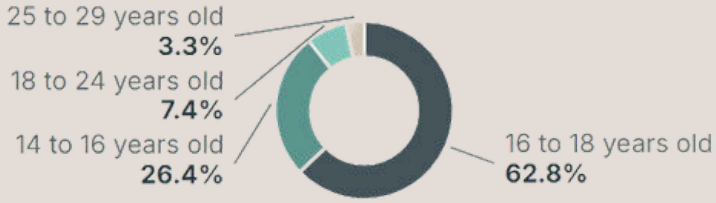


Our Team at a Glance

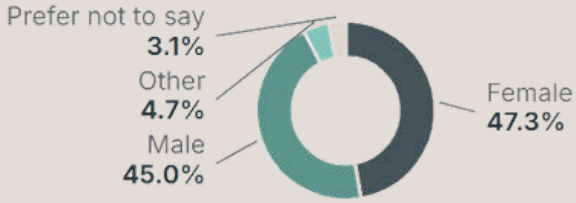
Based on 139 responses from our team of 328 members, collected through our 2026 team survey.

31 countries of origin **16** countries where our team lives

Age



Gender



Ethnicity

South Asian (for example Indian, Pakistani, Bangladeshi)	48.8%
Black, African or Caribbean	14.7%
East Asian	10.9%
White or Caucasian	10.1%
Mixed or Multiracial	5.4%
Middle Eastern or North African	3.1%
Southeast Asian	1.6%
Latin American or Hispanic	1.6%
Indigenous	1.6%
Prefer not to say	1.6%
Another ethnicity	0.8%

Do you identify with an underrepresented or equity deserving community?

None of the above	55
Racialized group(s)	35
First generation student	16
Prefer not to say	16
Low income background	12
Newcomer or refugee	7
Indigenous	3
Person with a disability	3
Other	3
2SLGBTQIA+	2

Respondents could select more than one answer.

Country of origin

India	30.4%
Canada	25.4%
United States	10.9%
Pakistan	7.2%
Sri Lanka	2.2%
China	1.4%
France	1.4%

and 24 more countries

Country of residence

Canada	53.6%
United States	24.6%
India	5.1%
United Arab Emirates	3.6%
Ghana	2.2%

and 11 more countries

Real Opinions From Real Youth

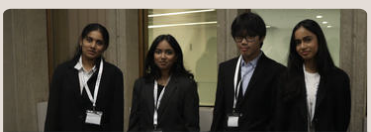
In what ways has Dr. Interested helped you grow?

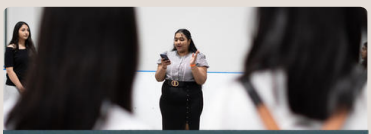
"This was one of the first opportunities I found that had **absolutely no barrier for me to access**. My parents could let me participate from home without having to worry about paying for anything. That was a real help for my family, and **it meant I could focus on learning instead of worrying about money**."

Low income and first generation student living in Canada, age 16 to 18

"They showed me that **being a leader isn't about being loud, it's about being reliable** and making sure everyone's voice gets heard."
First generation student living in the United Arab Emirates, age 14 to 16

"Instead of just scrolling through opportunities I wished I could participate in, I **was actually helping create them**. I've gained confidence, friendships, and a **sense of purpose**."
Newcomer and first generation student living in Canada, age 16 to 18


Volunteers at the MedExplore Conference


Dr. Interested Volunteer Speaking at the MYAC Fair

Team Overview



Real Opinions From Real Youth

What is your message for the future of education and youth involvement?

"My message to the future of education is simple: **give young people not only a seat at the table, but a voice in shaping the table itself."**
Low income student living in Ghana, age 14 to 16

What can we do to better support you in your executive role?

"Honestly, nothing really! **I feel very supported in my executive role and have everything I need.** I'm really grateful for the opportunities and support Dr. Interested has given me so far!"
Team member living in Canada, age 16 to 18



Dr. Interested Volunteers at the Ward 3 BBQ

Your thoughts on our third pillar: community and a safe third space

"I think one of the most valuable things a youth organisation can create is a **space where people do not feel like they have to prove themselves** before they are allowed to participate."
Team member living in India, age 14 to 16



Dr. Interested Volunteers at the Explore 3 Case Competition

How has Dr. Interested supported your career exploration?

"As I looked for people that could speak at the conference, I was able to explore many professions held by these people that piqued my interest. **Without Dr. Interested, I would never have had this opportunity."**

"Dr. Interested has made me aware of **countless other professions** other than just the mainstream ones and has **solidified my decision of getting into healthcare."**
Team member living in India, age 16 to 18



Dr. Interested General Team Meeting

Your thoughts on our first pillar: career education

"I think career education is **one of Dr. Interested's biggest strengths.** The articles and resources help students learn about different healthcare careers in an easy and accessible way."
Team member living in the United States, age 14 to 16

Your thoughts on our second pillar: youth in policy and decision making

"I am glad I had the chance to work on it [the policy pillar] last year, **it made me feel like I had the power to contribute to policy change** as well."
Team member living in Singapore, age 18 to 24

Members Overview



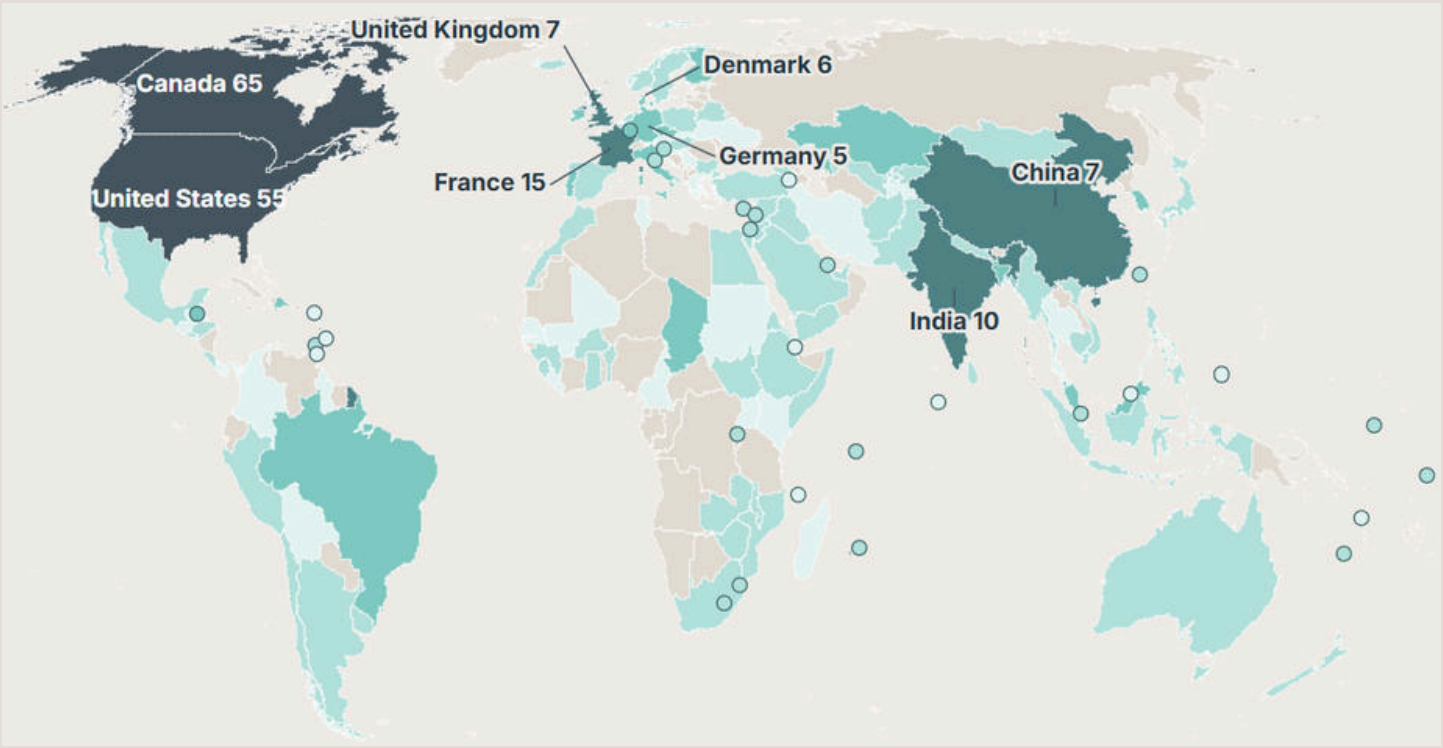
Our Members Around the World

Based on 437 member responses of 2200 members collected through our 2026 member survey.

129 countries and territories where our members live

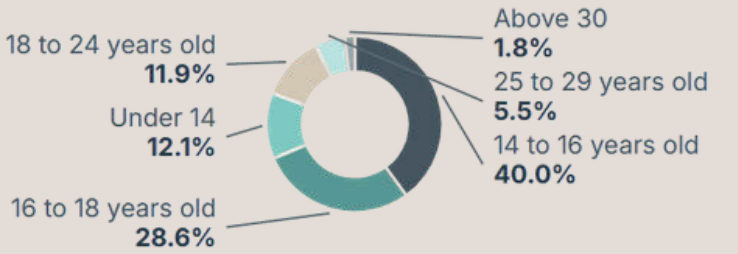
169 countries and territories our members come from

437 member responses

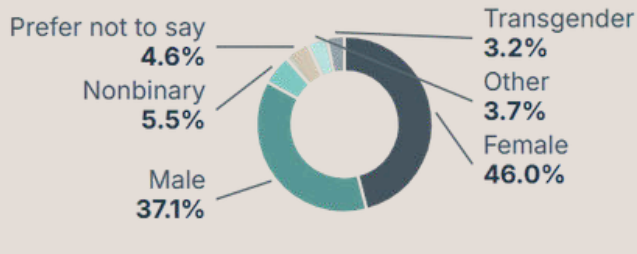


Countries and territories as selected by members. Shading shows the number of respondents living in each place.

Age



Gender



Primary language spoken at home

Another language	34.4%	Spanish	7.1%
English	20.1%	Tagalog	4.5%
Hindi or Urdu	12.3%	Bengali	3.9%
Arabic	7.1%	Punjabi	3.2%

and 6 more languages

Members Overview



Real Opinions From Real Youth

How has the Discord community space supported you?

"I've been able to make a number of connections and even be able to **land speaking engagements** because of the people i've meet. *[sic]*"

Newcomer living in Canada, age 14 to 16

"Discord gave me a **place to ask questions without feeling embarrassed**. I could take my time reading through information and reach out when I needed help."

Student with a disability living in Canada, age 14 to 16

How has a specific event helped you discover or work on a career path you are passionate about?

"MedExplore helped me **picture myself in medicine** in a way I hadn't before. Hearing professionals share their experiences, including the challenges they faced, made the career feel more real and achievable."

Racialized newcomer living in Canada, age 16 to 18

"Webinars with students helped me understand that no matter how hard our goal may be to achieve **as long as we trust ourselves and the process, we will succeed."**

Racialized and low income student living in France, age 16 to 18

Your thoughts on our second pillar: youth in policy and decision making

"Young people from different backgrounds should be part of healthcare policy discussions. **We bring experiences and perspectives that might otherwise be overlooked."**

Racialized newcomer living in Canada, age 16 to 18

Your thoughts on our third pillar: community and a safe third space

"I arrived not knowing many people, but I **left feeling connected to a community that I wanted to stay involved with."**

Newcomer and first generation student living in Canada, age 14 to 16



Participants Talking at the MedExplore Conference

Has anything you did with Dr. Interested made you feel more confident or capable?

"I honestly never thought I would get access to something like MedExplore. ... Being able to attend for free made such a difference. I didn't have to ask my parents to pay for another program or feel guilty about the cost. **For once, I could just participate like everyone else."**

First generation and low income student living in Canada, age 16 to 18

"I used to think opportunities like this were only for students who already knew the right people. ... **It was one of the first times I felt like I had a real place in conversations about my future."**

Newcomer and first generation student living in Canada, age 14 to 16

"Dr. Interested gave me opportunities to attend interesting webinars. It also helped me with my confidence. I **don't fear starting new projects anymore."**

Racialized and low income student living in France, age 16 to 18



Participants Talking at Code Blue Planet

Your thoughts on our first pillar: career education

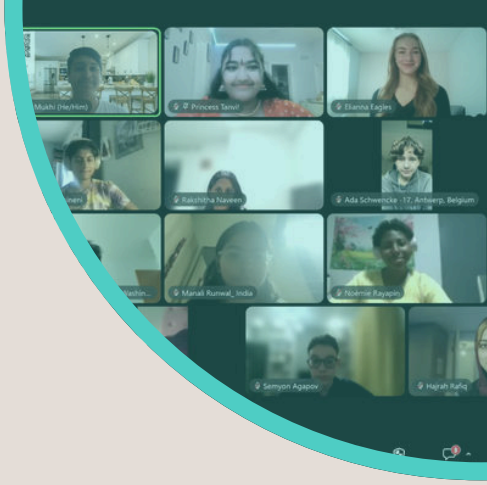
"Career education should be accessible to everyone, not just students who can afford expensive programs or have parents who know how university admissions work. **Dr. Interested helped bridge that gap for me."**

First generation and low income student living in Canada, age 16 to 18



Participants Talking at the Explore 3 Case Competition

Programs and Initiatives



229,933 impacted

2200 youth with access to AI tools and on-demand mentorship

1000 Mentorship Hours

Our Flagship Initiatives

Three programs that run all year and reach youth everywhere.

Flagship Program

Research Proposal Competition

October to November 2026

400 submissions

30+ countries

600 youth engaged

90k social media impressions

The Research Proposal Competition gave youth from around the world the chance to pitch original research ideas, regardless of prior experience. **Over 400 submissions from 30+ countries** showcased the creativity and curiosity of young people exploring health and science. With guidance from 10 medical student advisors, participants received mentorship, feedback, and support throughout the process. **A total of 600 youth engaged and over 90,000 impressions on social media** in the competition, gaining experience in research design, scientific communication, and collaborative problem solving. The top 5 submissions were awarded mentorship and full publication and monetary support, including DOI registration.

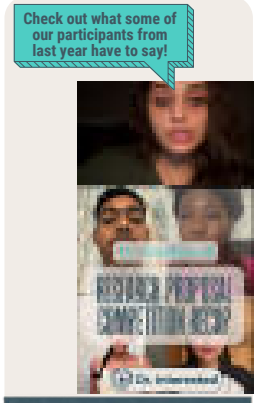
This program ran in 2025 and again in 2026.



Information Meeting



Second Meeting: How to do research proposals?



Watch last year's participant feedback

https://www.instagram.com/reel/DO_Peudgriv/

Flagship Initiative

Office Hours Initiative

May 2025 to Dec 2026

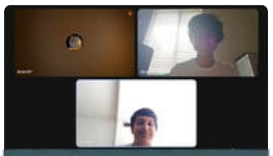
13 mentors

2,200+ youth with direct access

60k program impressions

The Office Hours Initiative provided recurring open sessions where youth could access mentorship, guidance, and community support in a welcoming and low-barrier space. **With 13 mentors**, the initiative **offered over 2,200 youth direct access** to advice and support, **reaching more than 60,000 program impressions**. This program made mentorship more accessible, fostered connections, and supported youth as they explored education, careers, and personal growth beyond the classroom.

Multiple one-on-one and group mentorship meetings run through the Office Hours initiative.



Office Hours Meetings

The Dr. Interested Blog/Webinar

January to December 2026

A youth educating youth initiative that shares articles on health, leadership, careers, and skill building. It provides practical advice, stories, and insights to help young people explore their interests and learn from peers.

- 55 articles across 18 unique topics
- IMPACT youth reading and learning from the blogs
- REACH impressions on social media

130k youth impacted **190K** reached *



Images of Dr. Interested Policy Work

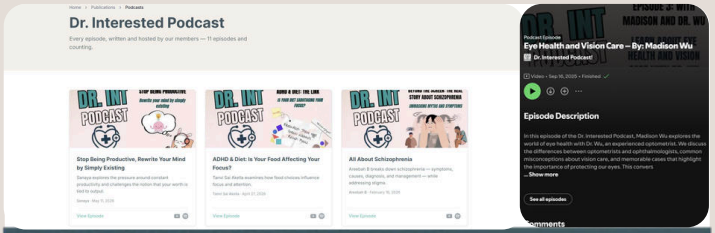
The Dr. Interested Podcast

January to December 2026

A youth initiative with youth leaders, changemakers, and professionals about health, leadership, and the future, designed to inspire and connect the next generation.

- 39 episodes
- Multiple live guests
- 40+ volunteers
- IMPACT youth learning about careers
- REACH impressions on social media

98k youth impacted **140K** reached *



Images of the Dr. Interested Podcast

* Viewership data is sourced from website analytics, and impressions are sourced from social media analytics, as shown in section 9.

Programs and Initiatives



Programs With Partners

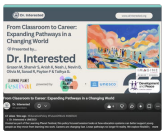
January 27, 2026

From Classroom to Career: Expanding Pathways in a Changing World

LEARNING PLANET Festival powered by unesco

Part of the Learning Planet Festival, with UNESCO

An online policy session on how education systems can help young people move into work, covering flexibility, early exposure, and interdisciplinary skills.





90 youth impacted 12K reached + Educators participating

April 17, 2026

The Race to Fight Cancer: Documentary Watch Party & Surgeon-Scientist Q&A



With Curiosity Films

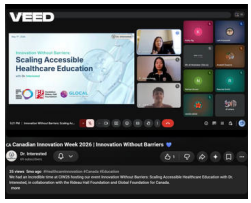
A watch party of a CBC documentary on lung cancer diagnostics, followed by a live Q&A with the Yasufuku Lab team at UHN.

68 youth impacted 7K reached 3 Guest Speakers

May 11, 2026

Canadian Innovation Week (CIW) Event

Hosted During Canadian Innovation Week



A virtual social session on scaling accessible healthcare education, with our founder's story, a student innovation showcase, and a mini workshop that turns an idea into action.

105 youth impacted 9K reached

June 7, 2026

Code Blue Planet: Indigenous Wisdom & Climate Medicine



Part of Toronto Climate Week

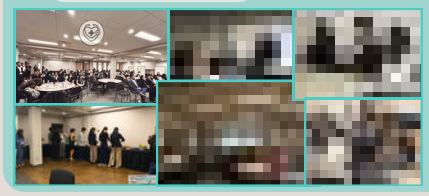
In-person day at Humber Polytechnic Downtown, where high school and university students joined Indigenous Elders, Knowledge Holders, and health experts to explore climate-resilient healthcare, traditional healing, and career paths.

200 youth impacted 70k reached

August 16, 2026

The Dr. Interested 2026 MedExplore Conference

Funded by Canada Service Corps. Sponsored by TakingITGlobal and the Sprout Fellowship



Our full-day healthcare careers conference at the University of Toronto Mississauga, with opening remarks from elected officials, career talks, panels, and workshops. Supported by **23 letters and certificates, including the Premier of Ontario, the Mayor of Mississauga, and MPPs, councillors and an MP. Featured in Insauga.**

100+ youth impacted; 300k reached; 23 speakers, guests and panelists; 17 volunteers

October 25, 2026

The 2026 Explore 3 Case Competition

Founding partners: Dr. Interested, Hope In Every Hand & Youth Law Advocacy.



High school teams tackle real world problems across medicine, law, and finance, then present to judges at Humber Polytechnic Downtown in Toronto, competing for a cash prize and certificates.

40 youth impacted 183k reached

Community events we showed up for

MYAC Fair | Ward 3 BBQ | Community Fair

There are so many more events. See all 25 from 2026 on our website.

https://www.drinterested.org/events

The Dr. Interested Simmon Chang Chess (Against Cancer) Club Nov 2025 to Present

Through a series of chess tournaments, including the Terry Fox International and Weiss Open, Dr. Interested has raised funds in support of the Pediatric Cancer Research Fund. This initiative was created in honour of Simmon Chang, a dedicated young Canadian whose passion for chess and strength in the face of osteosarcoma continue to inspire our community. With the permission of his family, the program was renamed the Simmon Chang Chess About Cancer Club to carry forward his legacy. **Within just one year, Dr. Interested became one of the top 10 fundraisers for the Pediatric Cancer Research Fund,** demonstrating the power of youth-led action and community-driven impact. The initiative brought together participants, donors, and supporters united by a shared commitment to advancing pediatric cancer research and honouring Simon's life.

30 youth impacted; 14K reached

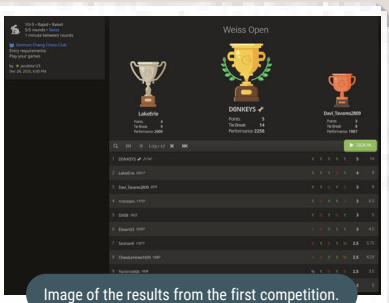


Image of the results from the first competition.

Media Features

All images below link to the original media feature of Dr. Interested.



OMNI NEWS PUNJABI:



INSAUGA:



CBC RADIO:



SHARE THE SMILE:



VOYAGE DALLAS:



BOLD JOURNEY MAGAZINE:



GLOBAL INDIAN ARTICLES:



PODCASTS:







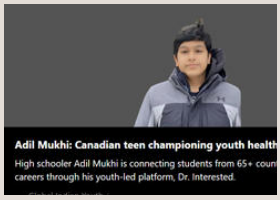


YSA FEATURE OF THE RESILIENT MINDS EVENT:



STUDENT SYNC'S FEATURE:





And on the website here!

OUR BLOG ON NACY'S FRONTLINE NEWSLETTER:



LISTED IN TMU'S OH CANADA DIRECTORY:

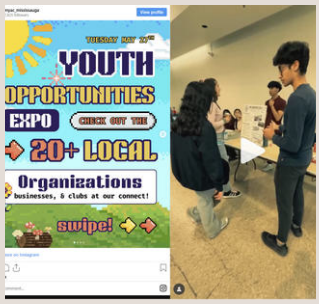


WARD 3 COUNCILLOR'S POST:



DEPUTY MAYOR SINGH:

DR. INT AT THE MYAC FAIR:



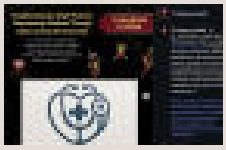
SPOTLIGHTED BY VIBE FOR YOUTH:



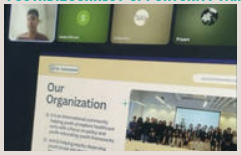
MPP SHEREF SABAWY:

MPP ANDREA HAZELL:

FEATURED BY 72 DRAGONS HEALTH:



YOUTHBIZCONNECT OPPORTUNITY FAIR:



GLOCAL DOORS OPEN YEAR-END PANEL:



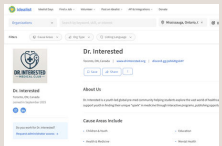
AS LISTED ON, SUPPORTED BY OR MEMBER OF:

Dr. Interested is rated Excellent
Based on 15 reviews
Trustpilot

hundrED

LEARNING PLANET festival powered by unesco

IDEALIST:



YOUTH COLLECTIVE

ResearchGate:

CANADIAN INNOVATION SPACE / ESPACE DE L'INNOVATION CANADIENNE

HOPECANTWAIT.CA

Hope Can't Wait
Campaign supporter

Member / Membre
National Canadian Youth Council (NCYC)
Member

leaders of today

Youthfully FOR FAMILIES

zenodo

CANADIAN CHOICE AWARD FINALIST IN THE NONPROFIT CATEGORY:

CANADIAN CHOICE AWARD FINALIST 2026

In late 2025, **Dr. Interested was named the finalist for the Canadian Choice Awards in the local Non-Profit Category.**

Development and Peace / CARITAS CANADA

IMAGINE CANADA MEMBER | MEMBRE

Listed CSO with the UN Department of Economic and Social Affairs

How You Can Support Us



Level 1 Follow us and share what you learn

The easiest way to support us is to stay connected. Follow our accounts, subscribe to our newsletter, and share what you learn with youth in your community.

- Instagram
- Discord
- LinkedIn
- Newsletter





Level 2 Join our team

Want to go further? Join us as an executive, volunteer, ambassador, or podcast member. Contribute to UN reports, earn verified hours, and work with an international crew.

Join Us https://www.drinterested.org/members/join





Level 3 Donate as an individual or family

Donations fund our programs, events, and tools that keep youth healthcare education free. Send an e-transfer to finance@drinterested.org and add a note naming the program or project you want to support. E-transfers do not receive tax receipts (see below).

About tax receipts

finance@drinterested.org

Important: tax receipts cannot be issued for e-transfers. If you want a tax receipt, do not send money first. Email us in advance at finance@drinterested.org, the same address used for e-transfers, and we will set up your receipt before you donate. In your email, please tell us your location, either Canada or the United States.

United States

Through Future Interested, our US fiscally sponsored arm, supporters in the United States can receive tax deductible donation receipts. Future Interested is sponsored by The Hack Foundation (d.b.a. Hack Club), a 501(c)(3) public charity, EIN 81-2908499.

Canada

Dr. Interested is not a registered charity; it is a project. Donations are not eligible for charitable tax receipts as we are not registered with Canada's CRA or any similar tax authority. All funds received are used exclusively to support Dr. Interested's educational mission and programs dedicated to youth healthcare education. If you need a tax receipt, reach out to us. We have partner organizations that are willing to help facilitate one.

Level 4 Bring your company, employer, or community organization

Ask your employer, your company, or a local neighborhood organization to sponsor us or partner with us. Sponsors can support us with money or with in kind support, meaning anything they sell or provide can be donated to us. In return, sponsors receive marketing and logo placement on our materials, and the level of recognition grows with the level of sponsorship. Tax receipt details for sponsors follow the same rules as the donation section above.



Partner with us

Email our Director of Events:
lalit@events.drinterested.org

Sponsor us

See our sponsorship packages, current details, and donation options on our website:
https://www.drinterested.org/sponsorships



Sponsorship packages are kept on our website so they stay up to date.

Every level matters. Thank you for helping youth explore healthcare and change policy. https://www.drinterested.org

Social Accounts and Our Reach



A strong reach lets Dr. Interested meet youth where they already are, so opportunities, resources, and mentorship are visible to as many young people as possible, locally and globally. Every number here comes directly from platform analytics, shown as screenshots.

17,300 followers | **799** posts | **7,340,361** impressions

Totals are for January 1 to November 12, 2026, across all platforms below.

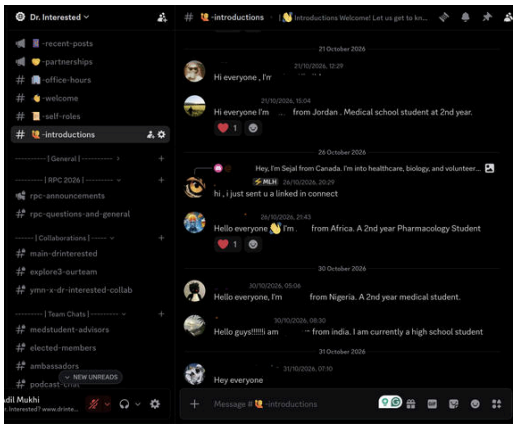
To organize links for members we use: **https://linktr.ee/dr.interested** (click on the icons to access links)

Discord

Views math

Our server (2,200) x 225 pings =	495,000
Other servers with pings:	~700,000
Other servers without pings:	~400,000
Total:	~1,595,000







2,200+ followers | **~1,595,000** views

Over 225 posts

Every time we send announcements in our Discord server, all 2,200+ members (subscribers) receive a notification. When we cross promote with partner organizations, a member ping means nearly all of their members typically view the message. Without a ping, we estimate a visibility rate of around 3%, based on engagement patterns observed in our own server.

Website

0 followers (email list instead) | **1,066,000** views across our sites

Breakdown

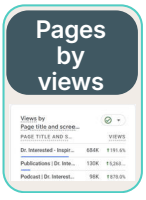
Main site (drinterested.org):	913,000 views
Merch site (TeePublic):	153,000 views

Our websites are the central hub for information, resources, and opportunities for youth.

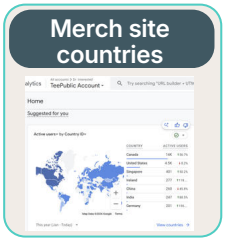
These page views are the website impact for our blog and podcast.









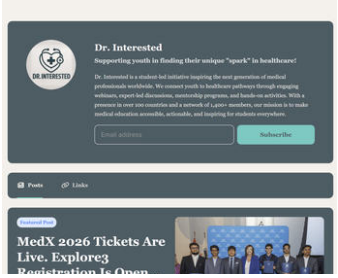


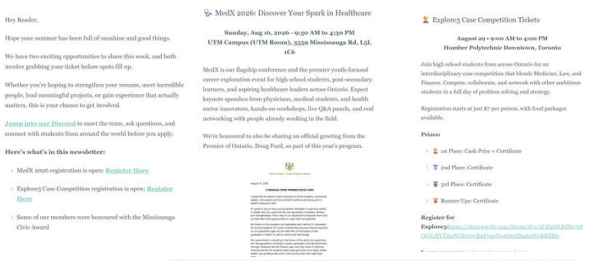
Publications page: **130K views**

Podcast page: **98K views**

Homepage: **684K views**

Newsletter





8,016 subscribers | **24** broadcasts | **83.3K** views

A weekly email sent every other Saturday, a quick update for those who are not on Discord.

24 × 8,016 × 0.433 = 83.3K views

43.30% opened | **19.91%** clicked

Social Accounts and Our Reach



A strong reach lets Dr. Interested meet youth where they already are, so opportunities, resources, and mentorship are visible to as many young people as possible, locally and globally. Every number here comes directly from platform analytics, shown as screenshots.

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Totals are for January 1 to November 12, 2026, across all platforms below.

Instagram

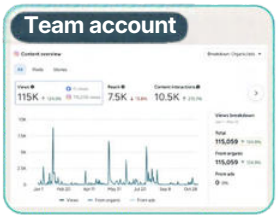
6,106 followers | 4,412,895 views | 202 posts

By account

- Dr. Interested: 2,997 followers, 4,114,432 views — 157 posts
- Explore 3: 2,912 followers, 183,404 views — 40 posts
- Team account: 197 followers, 115,059 views — 5 posts







LinkedIn

699 followers | 135,766 views | post count not available

Dr. Interested: 665 followers, 132,485 views (4,705 reactions, 390 comments, 205 reposts)
Explore 3: 34 followers, 3,281 views

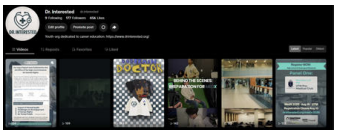




TikTok

177 followers | 29K views | 27 posts

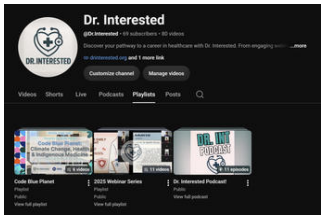
214 likes | 73 comments | 274 shares

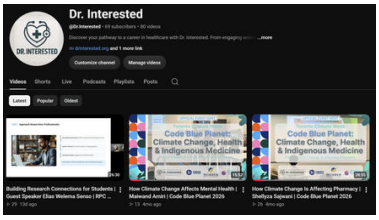


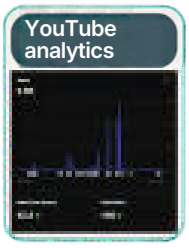


YouTube

69 followers | 9.9K views, 42.6 hours watched | 40 posts



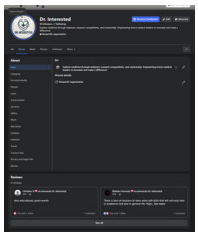




Facebook

16 followers | 8.5K views | 277 posts

4 reviews, recommended by 4 of 4 people







Spotify

17 followers | 4 posts

Few significant views here, because our podcast is hosted mostly on YouTube and our website.

Followers include each platform's followers or subscribers. Posts include newsletter broadcasts. LinkedIn post counts are not available from LinkedIn and are not included. Impressions are platform-reported views. Date ranges are shown on each screenshot.

Financial Overview



2026 to date, as of November 12, 2026

Revenue

$55,030.01 CAD

Operating Income

Net Surplus of

$1,546.34 CAD

Financial Breakdown

Event Name/Type	Revenue	Expenditure	Net Income
MedExplore	$5,124.01	$4,616.75	**$507.26**
Research Proposal Competition	$2,500.00	$2,500.00	**$0.00**
Explore 3 Case Competition	$586.00	$575.56	**$10.44**
Code Blue Planet	$0.00	$151.36	**($151.36)**
Admin, Donations, and Smaller Projects	$1,820.00	$640.00	**$1,180.00**
Travel, Micro and Tech Grants (allocated through Dr. Interested)	*$45,000.00*	*$45,000.00*	***$0.00***
Total	**$55,030.01 CAD**	**$53,483.67 CAD**	**$1,546.34 CAD**

Thank You



We extend our deepest thanks to everyone who has supported Dr. Interested - volunteers, partners, and mentors. Your belief in our mission has been essential to everything we've achieved, helping us impact over 229,000 youth globally.

Dr. Interested began with a simple belief: that every young person deserves a place to explore, to ask questions, and to be taken seriously.

This year, you proved that belief right. 328 executives and 600 volunteers gave 6,800 hours of their time. 2,200 members across 129 countries and territories showed up, spoke up, and lifted each other up. Mentors, speakers, partners, sponsors, and families said yes when they did not have to. Every one of those yeses helped a young person find a door a little more open than before.

Behind every number in this report is a person who decided to show up.

A student who stayed up late to finish a proposal. A volunteer who answered one more message after a long day. A mentor who made time. A stranger who believed in someone they had never met. Thank you for being those people.

We do not take your trust lightly. Healthcare should be open to every young person, no matter where they live or where they start. You have made that feel possible, and we will keep working until it is real.

This report belongs to us all.

Together, we're shaping a future led by informed, empowered, and compassionate youth.



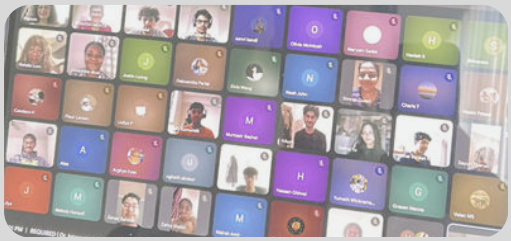
Adil Mukhi
Executive Director & Founder, Dr. Interested
Managing Director & Founder, Future Interested











Our Partners & Supporters



Development and Peace CARITAS CANADA

IMAGINE CANADA MEMBER | MEMBRE

Listed CSO with the UN Department of Economic and Social Affairs

MYAC

Canadian Choice Award Finalist 2026

Youth Law Advocacy

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UNU FLORES United Nations University Hub Future of Learning With Youth (FLY) UNU

Student Innovation Lab

GLOCAL FOUNDATION OF CANADA

LEARNING PLANET festival powered by

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DR. INTERESTED

2025 & 2026

People

Executives
414
unique executives
2025: 367 | 2026: 328 | Both years: 281

Members
2,200
members
2025: 1,400 | 2026: 2,200

Countries
129
countries and territories
2025: 106 | 2026: 129

Volunteers
1,500
volunteers
2025: 900 | 2026: 600

Volunteer hours
~7,500
volunteer hours
2025: 652 | 2026: 6,800

Impact

Events
45+
events
2025: 20+ | 2026: 25

Youth impacted
389,000+
youth impacted
2025: 160,000+ | 2026: 229,000+

Mentor hours
1,400+
mentor hours
2025: 400+ | 2026: 1,000

Reach

Followers
29,469
followers across both reports
2025: 12,169 | 2026: 17,300

Posts
1,551
posts
2025: 752 | 2026: 799

Impressions
11,053,767
impressions
2025: 3,713,406 | 2026: 7,340,361

Finances

Revenue
$60,182.70 CAD
revenue
2025: $5,152.69 | 2026: $55,030.01

Expenditure
$58,717.37 CAD
expenditure
2025: $5,233.70 | 2026: $53,483.67

Operating Income
Net Surplus of $1,465.33 CAD
2025: Net Loss of $81.01 | 2026: Net Surplus of $1,546.34